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A 'Peyton's Place' Opening in Little Rock

By ArkansasSports360.com Staff - 9/29/2008

A Division 1 training facility is set to open in Little Rock, perhaps by the end of October. The 20,000 square foot facility has been under construction near the intersection of Cantrell (Highway 10) and Sam Peck roads.

D1 has six facilities already open throughout the Southeast, with such co-owners at Peyton Manning, Shane Battier and Philip Rivers. Boxer Jermain Taylor, a Little Rock native, will be the co-owner of the facility in his hometown.

The D1 facilities cater to pro and college athletes training for their sports, as well as offering workout facilities for youths and adults. Little Rock's facility will have a 60-yard indoor turf field, weight room, cardio station, and an in-house sports therapy clinic run by OrthoArkansas, the orthopedic partner for D1 in Little Rock (each facility partners with a local orthopedic center).

According to Matt Toy, a spokesman for the company, Steven Snider and Life Champs also will be involved with the Little Rock facility. Toy said the Little Rock operation will be similar to the D1 in Nashville, Tenn., that offered specified training to athletes for the NFL Draft. Nashville is where such former Razorbacks as Marcus Monk, Peyton Hillis and Weston Dacus prepped for last year's NFL Combine.

The idea behind D1 is to make athletes faster, stronger, more agile and explosive while building character, Toy said. Everyone, he said, is treated like an elite athlete, no matter what level of ability a person has. Toy recommends people check out the Web site at D1SportsTraining.com.

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