

Grizzlies Battier, Curtis to speak at “Next Level” event

D1 Sports Training continues to gain momentum in the Memphis area by naming Michael Jenkins, former football head strength and conditioning coach for Marshall University, as athletic director.

He begins his first month at the facility launching a basketball specific sports training camp with the theme of “Reaching the Next Level.” Memphis Grizzlies’ star forward Shane Battier, along with head strength and conditioning coach Mike Curtis, will speak at the kick-off presentation on July 20 at 7 p.m. The event will be hosted by D1 Sports Training - Memphis, of which Battier is part owner along with UT football standout Will Bartholomew. Battier and Curtis will speak on the topic “What It Takes to Reach the Next Level Both Physically and Mentally.”

Curtis, along with D1, has designed a one-week basketball camp designed specifically to focus on speed, strength and agility. “It takes more than raw talent to excel in the sport of basketball. That is

why I am excited with the program designed by Mike Curtis and our guys here at D1,” states Battier. “This is the type of program that goes beyond shooting and dribbling drills. It focuses on the core of what it takes to excel: speed, strength and agility,” Battier said.

Michael Jenkins, no stranger to the world of strength and conditioning, will be overseeing the one-week camps, of which eight will be offered. Jenkins has trained such athletes as Chad Pennington, Byron Leftwich and Nate Poole to name a few who have gone on to become NFL stars.

“This is an excellent concept designed by one of the best strength and conditioning coaches in the NBA. Mike knows what it takes on and off the court to reach that next level, and with Shane’s name on the D1 product, I know he would allow nothing short of excellence,” Jenkins adds.

D1 Sports Training is located at 860 Herbert Cove in Cordova. They can be reached by calling 901-205-4263 or at their website www.d1sportstraining.com.