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Sports training takes a big step today

Posted by [Marian Accardi, The Huntsville Times](#) November 15, 2007 8:27 AM

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Sports training takes a giant leap in Huntsville today.

[D1 Sports Training and Therapy](#) on Bailey Cove Road opens today, sporting an indoor turf field of the 22,500-square-foot facility.

D1 has a weight room, cardio station and in-house sports therapy clinic with its orthopedic partner, SportsMed. D1 also will partner with Cheer 1st, which will occupy 4,800 square feet of the facility.

D1 offers men's and women's executive classes, boot camps, personal training, therapy and training for ages 7-18, college and pro teams and individual athletes in a variety of sports.

Co-owners are Athens native Philip Rivers, San Diego Chargers quarterback; Huntsville native Condredge Holloway, former University of Tennessee quarterback; and Will Bartholomew, D1's CEO and founder and a former UT fullback.

D1 also has facilities in Nashville, Knoxville, Chattanooga, Memphis and Greenville, S.C.

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